

Weakley County School Nutrition Program

**Elementary 2<sup>nd</sup>-4<sup>th</sup> Grade: 3<sup>rd</sup> Choices**

**Dresden Elementary & Middle School**

**Middle School: 3<sup>rd</sup> Choice**

**Tuesday: Cereal & String Cheese**

**September 2019**

**Salad Bar offered daily**




**Thursday: Chef Salad**

Milk choice & Fruit choice offered daily

**Friday: PB & J**

“This institution is an equal opportunity provider.”

*Menu is subject to change without prior notice.*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2 NO SCHOOL</b>	<b>3 Pillsbury Cini Minis</b>	<b>4 Chicken Slider</b>	<b>5 Banana Bread</b>	<b>6 Sausage Links &amp; Cinnamon French Toast</b>
	Mini Corndogs Philly Steak and Cheese Sub Fresh Side Salad Fries	Chicken Nuggets w/ Hot Roll Deli Sub Seasoned Potatoes or Parsley Potatoes Bacon Green Beans	Asian Chicken Beef Dippers Hot Roll Fried Rice Stir Fry Carrots w/ Ranch	Rib Sandwich Chicken Philly Steamed Broccoli Sweet Potato Tater Tots Peach Cobbler  Don't forget: Grandparent's Day -  Sunday
<b>9 Powdered Sugar or Choc. Donuts</b>	<b>10 Breakfast Pizza with Gravy</b>	<b>11 Breakfast Egg &amp; Cheese Sandwich</b>	<b>12 Frudal</b>	<b>13 Chicken Bites and Donut Holes</b>
Chuckwagon Popcorn Chicken Macaroni & Cheese Hot Roll Glazed Carrots Green Beans	Chick-fil-A style Sandwich Fish Sandwich Cheese Lettuce, Tomato, Pickles Waffle Fries Slaw World Suicide Prevention Day	Pollo Loco Chicken with Cheese & Rice Soft Shell Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans	Chicken (2) Pork Tenderloin (1) Biscuits (2) Gravy Tater tots Cherry Tomatoes	Grilled Cheese Hot Dog Steamed Broccoli and Cheese Baked Potatoes w/ toppings  <b>Mixmi Frozen Yogurt Treat *NEW</b>
<b>16 Cocoa Bread</b>	<b>17 Yogurt &amp; Cereal</b>	<b>18 Chicken Biscuit</b>	<b>19 UBR (Oatmeal Breakfast Cookie)</b>	<b>20 Pancake on a Stick</b>
Corndog Cheese Sticks w/ Marinara Carrots w/ Ranch Seasoned Fries	Beef Nachos Crispitos Nacho Cheese Salsa Potato Wedges Fresh Broccoli and Ranch	Bacon Cheeseburger Chicken Fajita Lettuce, Tomato, Pickles, Onion California Blend Fries Air Force Birthday	<b>Early Dismissal – No Lunch Served</b>  <b>12:00 – 6:00</b>	Chicken Tenders w/ Hot Roll Manwich Sloppy Joe w/ Bun Cheesy Potatoes Green Beans Jello POW/MIA Recognition Day
<b>23 Pop-Tart (2ct)</b>	<b>24 Muffin &amp; String Cheese</b>	<b>25 Sausage and Biscuit</b>	<b>26 Blueberry Stick</b>	<b>27 Bacon, Egg, &amp; Cheese Breakfast Pizza</b>
Stuffed Crust Pizza Burrito Corn Pinto Beans	Poppy Seed Chicken Country Fried Steak with Gravy Mexican Cornbread Black-eye Peas Cabbage	Chicken Drumstick Meatloaf Hot Roll Green Beans Mashed Potatoes w/ Gravy	Beef Rotini (like Lasagna) Chicken Rings Hot Roll Sweet Potatoes Fresh Side Salad	Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/Ranch English Peas Sugar Cookies
<b>30 Cereal Bowl</b>	<p>No one can make you feel inferior without your consent. Eleanor Roosevelt</p> <p><b>This Month's Challenge: Write down 5 things you LOVE about yourself. #selfloveSeptember</b></p>			
Lemon Pepper Chicken w/ Garlic Toast Meatball Sub Cucumbers or Celery w/Ranch Glazed Baby Carrots				